

Friday 4th November 2022

Our Christian Value for the term: Caring

'Love your neighbour as yourself.' Mark 12:31

Dear Parent/Carers

I hope you all had a lovely half term break. It has been such a long time since we have held face to face parents' meetings and it was really nice to see so many parents back in school this week.

We have had a brilliant first week back. Year 6 are studying Ancient Greece and they brought in some delicious Greek food to school today. The classrooms were filled with the aromas of honey cake, tzatziki, flatbreads and olives. Year 1 children were having a very happy time in Forest School this morning - making cakes in the mud kitchen, climbing trees and building dens. I was a little alarmed to hear that the Year 4 children had been mummifying Mrs Healey as part of their Ancient Egyptians topic - but she is OK now!

Next weekend is Remembrance Sunday and we are selling poppies in school over the week as well as attending the Remembrance Service at St. Mary's Church and the laying of wreaths at the war memorial.

We will be raising money for Children in Need on 18th November. The children are currently deciding amongst themselves what they will be wearing and we will let you know as soon as they have decided.

Mrs Woolley
Head Teacher

Year 2

Year 2 have been making puppets in design and technology, we used the book Octopus socktopus as our inspiration. We used socks for the bodies and cut legs from socks too. We sewed the legs onto the bodies and then added extra pieces on after.



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Forest School

Beech, Plum and Pear had a wonderful time at their first forest school session today, their sessions will run every Friday until Friday 9th December.

Forest School is a brilliant opportunity for children to be curious about the world we live in alongside the natural world. Through achievable tasks both individually and within a group we encourage children to be courageous at Forest School. By being surrounded by a forest environment within the school grounds the children develop embedded caring values to nature that we live amongst.

Please remember the Children will need the following kit in school on Forest School days;

- Warm hat (not all in one hat/scarf)
- Gloves
- Long sleeved t-shirt
- Hoody/jumper/fleece
- Long trousers/Leggings
- Spare socks
- Wellies
- Waterproof coat
- Waterproof trousers
- Plastic bag for dirty clothes

Free school Meals

If you are not receiving Free school meals and you think you may qualify - apply for Free school meals now - instant decision [Apply for free school meals - Gloucestershire County Council](#) (please have your National Insurance number to hand)

Free school meals is not the same as Universal Free School Meals children automatically receive in reception to year 2 - Free school meals attracts additional funding to the school, which can help you with school trips and school events as well as securing your child with a free school meal for the whole time they are in primary school, so even if your child is in reception to year 2 it is also worth applying for free school meals - all approved applications are eligible for a free school jumper (please contact the office to order this, when your application has been approved).

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Milk

Reception Children whose parents/carers have registered for Free school milk (under 5's), are receiving milk in class at the moment. This is not an automatic registration. If you would like to take advantage of the free school milk scheme (for under 5's), please register your child at www.CoolMilk.co.uk. Please be aware, as your children turns 5, this will become chargeable and an invoice will be sent to the parent/carer from Coolmilk.

All children who receive FSM (not UNFSM) can have school milk throughout their time at primary, if required. Again parents need to register for this.

If you do not want your child to receive milk in school, the parent/carer will need to cancel it. This should be done via Coolmilk. We are unable to do this in the school office. For further information please look at the coolmilk website or contact the school office.

School Photos

On 5th October your child had their individual school photo taken - your child should have brought home a card from Colorfoto, this enabled you to register your email address for notifications - the school photos are ready to order - if you did not receive the card - please contact the school office - who will be able to help you.

Clubs

Artikids

In Artikids Club, Mia K created a colourful shark-peg, Amelia S has made a wonderful rockpool picture and Peter M has sketched a beautiful dolphin on a sunset picture.

All 3 children received a prize and certificate for their work. For the past 3 weeks, St Mary's has been at 1st place in Artikids Club Competition against other schools. Well done Everyone!



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COME AND JOIN THE FUN ★★

★ WE'RE RUNNING ACTION-PACKED HOLIDAY CAMPS THIS CHRISTMAS, FROM ONLY £26 A DAY ★

★ AWARD-WINNING MULTI-ACTIVITY CAMPS ★

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CHILDCARE VOUCHERS ✓

Ofsted Registered

👤 👤 4 - 14-YRS OLD



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Ice Cream Fridays are back!!

We will be selling ice creams after school every Friday in front of main reception.

- Cones, rocket lollies and Fabs are £1.
- Mini milks are 50p.
- We accept cash or card.
- We start selling at 3pm so please consider buying before you collect your child/ children.

If you are ever able to help sell ice-cream's, please contact us on ptfa@st-marys-tetbury.gloucs.sch.uk, it only takes half an hour of your time.

Amazon Smile

Amazon Smile is an easy way to support your child's school **at no further cost to you!**

When using the Amazon app or website to make purchases, select our school as your chosen charity and **Amazon will donate 0.5%** of the price of your eligible AmazonSmile purchases at **no cost to you!**

Please be careful to select: St. Mary's Primary School Parents Teachers and Friends Association (Tetbury)

For information on how to set up AmazonSmile please visit:

<https://www.aboutamazon.com/news/community/how-to-sign-up-for-amazonsmile>

Friends and family can also use AmazonSmile as an easy way to support your children's school.

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Easyfundraising.com

Easyfundraising is another easy way to support your child's school at no cost to you!

When you are doing any online shopping, click via Easyfundraising.com to support St Mary's school without it costing you a penny.

Do your online shopping via <http://www.easyfundraising.org.uk/causes/stmarystetbury/> and the retailer pays a percentage of your total without any charge to you.

Friends and family can also use Easyfundraising as an easy way to support your children's school.

Textile Recycler

The bin is located in the carpark by the Yr3/4 playground.

All funds raised by St. Mary's PTFA go directly towards benefiting each and every child that attends our school.




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Community



You are invited to

CELEBRATE

Returning this Autumn to St Mary's School Hall ... You are invited to



CELEBRATE

For all the family, on Sunday afternoons (see dates below).
St Mary's School Hall, 4.00-5.30pm
Explore best-loved Bible stories and ask questions, big and little.
Enjoy time together with crafts, chatting,
sharing iSingPOP songs and prayers.
Children under 16 must be accompanied by an adult please.

Celebrate is run by our churches in Tetbury:
St Marys', Christ Church,
Five Valleys Christian Fellowship & St Michael's Catholic Church.
ALL ARE WELCOME

Celebrate this autumn:
Sunday 6th November
Then at St Marys' Church
for Christingle:
Sunday 4th December

iSing Pop

You are invited to join us on Sunday 6th November in St Mary's School Hall for a fun filled hour of chatting, crafting, songs, prayers and a Bible story followed by tea." 4-5.30pm. Please note all children under the age of 16 must be accompanied by an adult.

Tetbury Area Churches together iSingPOP team)

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MUSIC FOR MINIATURES
BABY-FRIENDLY CONCERTS

AUTUMN CONCERT

SATURDAY 26TH NOVEMBER
10.15AM & 11.45AM

45 minutes of live classical music for
you to enjoy with your little one.

£6 / £4 Children
£15 for a Family of Four

TETBURY GOODS SHED
ARTS CENTRE

Tetbury Goods Shed Arts Centre,
Old Station Yard, Cirencester Road,
TETBURY, GL8 8EY

Box Office: 0333 666 4666 Phone: 01666 505 496 Email: info@shed-arts.co.uk Website: shed-arts.co.uk
Company Number: 04102029 Charity Number: 1092160

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Families First



You can find the next issue of [Families Gloucestershire Magazine](#) via this link.

This issue is loaded with really useful information and articles for parents including:

- Getting school support for a child with SEN
- Why education begins at home
- Road safety for children
- Chapter books that encourage kindness
- New term teething problems
- Brilliant first chapter books for early readers
- Screen free rainy day activities
- Enjoying Autumn outside
- Family friendly walks for Autumn

New issue coming soon.



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The cost of living crisis

Here at Citizens Advice Stroud and Cotswold Districts we are seeing an increase in demand for our services as a result of the cost of living crisis.

Over the last three months we have seen a 92% increase in requests for charitable help from the same period last year, with people seeking help with food, fuel or hardship fund payments.

Whilst the Energy Price Guarantee announced on the 8th September comes as a huge relief to households, energy bills are still very high. In winter 2021, the energy price cap was set at £1,277 for typical use. The new Price Guarantee starting on 1 October for households on typical use will be £2,500 a year.

We are very concerned about how vulnerable residents will cope this autumn and winter when temperatures drop and they need to turn their heating on. Many of our clients have been unable to afford their essential costs during the summer months. We have already had clients on prepayment meters who do not have enough credit to run medical equipment that relies on electricity; clients who cannot afford to heat their water; parents who are skipping meals to feed their children and pensioners unable to afford their fuel bills. In our largely rural districts, many residents rely on oil for heating and hot water and we have been contacted by people who cannot afford the cost of the minimum order.

What to do if you are worrying about money

If you are worried about paying your bills there are a few simple things you can do:

1. Work out your budget. Find out exactly how much you have coming in, and what's going out, and think about where you may be able to make savings. There is a useful budgeting tool on the national Citizens Advice website (<https://www.citizensadvice.org.uk>) to help you.
2. If you don't think you can pay your energy bills, contact your supplier. There are schemes to help customers but if you don't tell them you are struggling then they can't help you.
3. If you have debts, look at the guidance on debt on the national Citizens Advice website.

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4. Check if you might be entitled to any benefits. If you have internet access you can use Turn2Us, Entitledto or Policy in Practice benefit calculators to check what you might get.
5. Make sure you have received any cost of living payments that you are entitled to. If you are in council tax Band A-D property you should have received a rebate on your council tax and if you are a pensioner, on benefits or disabled there are various payments that you should be receiving.

If you cannot access the internet please call us on our freephone number 0808 800 0510 to access advice.

If you are really struggling and don't have enough food to eat you can call the Trussell Trust

Help through Hardship Helpline on **08082 082138**.

Please do ask for help – we understand that these are worrying times.

You can get advice by calling us on our freephone number (**0808 800 0510**) and email advice through our local website (<https://www.citizensadvice-stroudandcotswold.org.uk/>) under the Get Help section. We are also seeing clients by appointment in our Stroud and Cirencester offices and in the community at various venues across both districts – currently Dursley, Paganhill Community Hub, Stonehouse APT, Wotton under Edge and Moreton in Marsh and Tetbury.

We are also looking for new volunteers to train as admin assistants in both our Cirencester and Stroud offices – if you are interested please email info@ca-scd.org.uk. We also welcome donations to support our service – find out more on our website <https://www.citizensadvice-stroudandcotswold.org.uk/>).

COVID vaccines: how to access first or second doses for children aged 5-17

It isn't too late for children to access a COVID vaccination if they haven't already completed their course.

Children are eligible for:

- First or second dose – Children aged 5 to 11 (paediatric dose Pfizer)
- First or second doses – Children aged 12-17 (Pfizer)

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- Third primary dose – Children aged 5-11 who are severely immunocompromised (paediatric dose Pfizer – 8 weeks after second dose), anyone aged 12+ who is severely immunocompromised (Pfizer – 8 weeks after second dose)
 - Autumn booster - Children aged 5-11 who are severely immunocompromised or household contact of someone immunocompromised (paediatric dose Pfizer – at least 3 months after previous dose), anyone aged 12-17 who is severely immunocompromised or household contact of someone immunocompromised (Pfizer – at least 3 months after previous dose)
- *children aged 5-15 inclusive must wait 12 weeks after a COVID-19 infection to get a vaccination
- **people aged 16 or over must wait four weeks after a COVID-19 infection to get a vaccination

To access a vaccination, contact your GP Practice for advice on how to book an appointment at a local vaccination centre, use the national booking system to get an appointment at a community pharmacy or the JabVan at Gloucestershire Royal Hospital (www.nhs.uk/covidvaccination or call 119), or look out for drop-in clinics on the [local COVID information portal](#).

Please make sure to carefully check eligibility before taking your child to a drop-in clinic; depending on their age they may only have specific vaccines which will not always be available at every clinic.


More information about the COVID vaccines for children and young people is available [here](#).

Gloucestershire Health and Care NHS Foundation Trust

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 **01666 502336**
8.30am-5pm
Monday to Friday
(closed on public holidays)



To keep our patients and visitors safe we are wearing masks again.
If you are visiting the hospital for an appointment or treatment please wear a mask.
If you don't have one we can provide one at the entrance.



We are here for you and your families
We can now treat illnesses as well as minor injuries in our
Minor Injuries and Illness Unit

Minor Injuries and Illness Unit (MIU)

8.30am - 4pm Monday to Friday
(closed on public holidays)

Minor cuts and lacerations, including infected wounds
Dog and cat bites
Bruises
Strains and sprains
Simple fractures and dislocations
Minor burns and scalds
Head injuries (if the person has not been unconscious or intoxicated)
Minor eye injuries
Splinters and other foreign bodies in the skin, eye, ear or nose
Insect bites and stings
Minor illnesses including earache and sore throat

Unsure if we can help— Call us on **01666 502336** (during opening hours) or **111** (24-hour service)

Other Services at Tetbury Hospital

- X-ray Department
- Outpatient Clinics
- Procedure Room (outpatient procedures)
- Day Surgery Unit

Read about our treatments and consultants at www.tetburyhospital.co.uk

NHS patients - Ask your GP for a referral to Tetbury Hospital

Private patients - Contact us on 01666 501773

Find us: GL8 8XB



Free parking available

Reg Charity No 3008526



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**MATT FIDDES
MARTIAL ARTS**

ATTENTION PARENTS

BACK TO SCHOOL CLASSES STARTING NOW
St Mary's Primary School

IF YOU WANT YOUR CHILD TO:

- ✓ Have **CONFIDENCE** to overcome the anxiety of a new school year / setting
- ✓ Build **COMMUNICATION SKILLS** to make new friends
- ✓ **FOCUS** to be able to listen and learn from their teacher and achieve better grades

OUR MARTIAL ARTS CLASSES CAN HELP!



WHAT DO PARENTS SAY?

96.3% of parents said they saw an improvement in **FOCUS**
97.7% of parents said they saw an improvement in **CONFIDENCE**
92.3% of parents said they saw an improvement in **SELF-DISCIPLINE**
99.2% of parents said they saw an improvement in **RESPECT**



MIGHTY MATT'S 3-6 YEARS

Our award winning Mighty Matt programme is designed specifically to aid children's development between the ages of 3 - 6 years old. Our instructors are highly trained on how to bring the best out of your child and help to lay the foundations for them to lead a successful life.



JUNIOR & FAMILY 7 YEARS +

Our Junior & Family classes are for everybody aged 7 years and above. Suitable for children or adults training for themselves and for any adults who wish to train with their child. We've noticed that it can be increasingly difficult to find positive enrichment activities where you can progress & share the experience with your child and our family class provides this.

Claim your place by visiting
www.mattfiddes.com
DON'T WAIT, OUR CLASSES ARE FILLING UP FAST!