

Spring Menu 2020



Monday

Tuesday

Wednesday

Thursday

Friday

Week 1 06/01/20 27/01/20 24/02/20 16/03/20

Option 1	Sausage and Mash	Meatballs with Tomato sauce and Pasta	Roast Chicken, Stuffing, Roast Potatoes & Gravy	Cottage Pie	Fish Fingers Fingers with Chips
Option 2	Lentil & Sweet Potato Curry with Rice	Tomato & Vegetable Pasta	Veg Wellington, Roast Potatoes & Gravy	Moroccan Veggie Balls in Tomato Sauce	Vegetarian Sausage & Chips
Option 3	Jacket Potato with Beans or Cheese	Jacket Potato with Tuna or Cheese	Jacket Potato with Beans or Cheese	Jacket Potato with Tuna or Cheese	Jacket Potato with Beans
Vegetables	Sweetcorn Broccoli	Cauliflower Green Beans	Carrots Peas	Green Beans Sweetcorn	Baked Beans Peas
Dessert	Apple Sponge Cake with Custard Yoghurt / Fruit	Flapack Yoghurt / Fruit	Orange & Lemon Shortbread Yoghurt / Fruit	Syrup Sponge with Custard Yoghurt / Fruit	Rice Crispy Cake Fruit /Yoghurt

Week 2 13/01/20 03/02/20 02/03/20 23/03/20

Option 1	Macaroni Cheese	Beef Burger in a Bun with Wedges	Roast Gammon Roast Potatoes & Gravy	Beef Spaghetti Bolognese	Breaded Fish with Chips
Option 2	Mexican Beans with Rice	Soya Spaghetti Bolognese	Quorn Roast Fillet with Roast Potatoes & Gravy	Southern Style Vegan Burger	Cheese Frittata with Chips
Option 3	Jacket Potato with Beans or cheese	Jacket Potato with Tuna or Cheese	Jacket Potato with Beans or Cheese	Jacket Potato with Tuna or Cheese	Jacket Potato with Cheese or Beans
Vegetables	Sweetcorn Carrots	Peas Coleslaw	Broccoli Swede	Sweetcorn Green Beans	Baked Beans Peas
Dessert	Oaty Pear Crumble & Custard Yoghurt / Fruit	Iced Sponge Yoghurt / Fruit	Chocolate & Mandarin Brownie Yoghurt / Fruit	Apple FlapJack & Custard Yoghurt / Fruit	Apple, Cheese & Crackers Fruit / Yoghurt

Week 3 20/01/20 10/02/20 09/03/20 30/03/20

Option 1	Cheese & Tomato Pizza with Wedges	Chicken Curry with Rice	Roast Turkey Roast Potatoes & Gravy	Beef Chilli with rice	Fish in Batter with Chips
Option 2	Chickpea Curry With Rice	Macaroni Cheese	Vegetable Hotpot	Vegan Sausage Roll & Wedges	Quorn Burger in a Bun with Chips
Option 3	Jacket Potato with Beans or cheese	Jacket Potato with Tuna or Cheese	Jacket Potato with Beans or Cheese	Jacket Potato with Tuna or Cheese	Jacket Potato with Beans
Vegetables	Sweetcorn Green Beans	Carrot Broccoli	Cauliflower Peas	Green Beans Carrots	Baked Beans Peas
Dessert	Pear Sponge with Custard Yoghurt / Fruit	Oaty Cookie Yoghurt / Fruit	Chocolate Cake with Chocolate Drizzle Yoghurt / Fruit	Fruit Crumble with Custard Yoghurt / Fruit	Jelly Yoghurt / Fruit

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination, traces or elements within products.