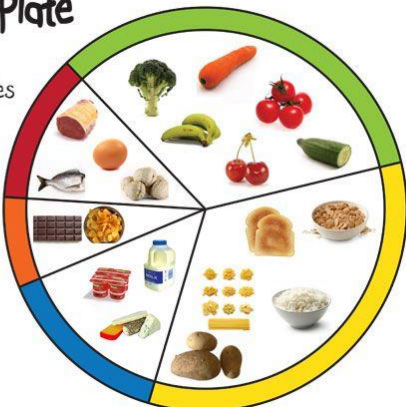


A Balanced plate

- Fruit and vegetables
- Grains, cereals and potatoes
- Dairy products
- Meat, fish, nuts and eggs
- Fats and sugars



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Are sweets good for us?

$0+10=10$



$4+6=10$



$8+2=10$



$1+9=10$



$5+5=10$



$9+1=10$



$2+8=10$



$6+4=10$



$10+0=10$



$3+7=10$



$7+3=10$



ink saving Eco

Key Vocabulary

Healthy	Foods and activities that are good for your body
Unhealthy	Foods and activities that are not good for your body
Diet	The foods you eat
Nutritious	Foods that are good for you
Hygiene	Keeping yourself clean
Observation	Looking at something really carefully, noticing details
Stranger	Someone you don't know

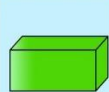
3D Shapes



cylinder



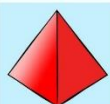
cube



cuboid



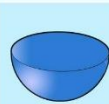
cone



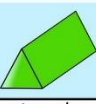
pyramid



sphere



hemisphere



triangular prism

Enriched Learning Resources

Term 4 2020-2021
Knowledge
Organiser
Reception