

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Over Menu  
Autumn 2019  
GCC-St Mary's  
Tetbury

caterlink  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 02.09.2019 23.09.2019 14.10.2019 11.11.2019 02.12.2019	<b>Main</b>	Macaroni Cheese with Garlic Slice	Chicken Pasta Bake	Roast Chicken and Stuffing with Roast Potatoes and Gravy	Sausages & Mash	MSC Fish Fingers with Chips
	<b>Vegetarian</b>	Quorn Sausage with Potato Wedges	Five Bean Chilli with 50/ 50 Rice	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Cottage Pie with Gravy	Spinach & Tomato Quiche with Chips
	<b>Jacket pot Soup</b>	<b>Jacket Potato with Beans/Cheese</b>	<b>Jacket potato with Tuna/Cheese</b>	<b>Jacket Potato with Beans/Cheese</b>	<b>Jacket potato with Tuna/Cheese</b>	<b>Jacket Potato with Cheese/beans</b>
		Peas Coleslaw	Broccoli Sweetcorn	Peas Carrot	Green beans Sweetcorn	Baked Beans Peas
	<b>Dessert</b>	Pear sponge & Custard	Iced Sponge	Chocolate Shortbread	Apple Crumble with Custard	Apple, Cheese and Biscuits Fruit and Yoghurt
Week 2 09.09.2019 30.09.2019 21.10.2019 18.11.2019 09.12.2019	<b>Main</b>	Cheese & Tomato Pizza	Cottage Pie with Gravy	Roast Gammon with Roast Potatoes and Gravy	Chicken Curry & Rice	MSC Fish in breadcrumbs with Chips
	<b>Vegetarian</b>	Vegetable Hotpot	Vegetarian Quorn Spaghetti Bolognese	Vegetarian Wellington with Roast Potatoes and Gravy	Macaroni Cheese	Red Pepper Frittata
	<b>Jacket pot Soup</b>	<b>Jacket Potato with Beans/Cheese</b>	<b>Jacket potato with Tuna/Cheese</b>	<b>Jacket Potato with Beans/Cheese</b>	<b>Jacket potato with Tuna/Cheese</b>	<b>Jacket Potato with Cheese/Beans</b>
		Coleslaw Green Beans	Peas Carrots	Broccoli Swede	Sweetcorn Green Beans	Baked Beans Peas
	<b>Dessert</b>	Fruit Crumble with Custard	Chocolate & Beetroot Brownie	Lemon Drizzle	Apple Sponge with Custard	Apple, Cheese and Biscuits Fruit and Yoghurt
Week 3 16.09.2019 07.10.2019 04.11.2019 25.11.2019 16.12.2019	<b>Main</b>	Cheese & Pepper Pizza	Sweet & Sour Chicken & Rice	Roast Pork with Roast Potatoes and Gravy	Spaghetti Bolognese with Garlic Bread	MSC Fish in Batter with Chips
	<b>Vegetarian</b>	Lentil & Sweet Potato Curry & Rice	Vegetable Sausage & Mash	Quorn Fillet with Roast Potatoes and Gravy	Cheese & Pepper Whirl	Vegetable Pasta Bake
	<b>Jacket Pot Soup</b>	<b>Jacket Potato with Beans/cheese</b>	<b>Jacket potato with tuna/cheese</b>	<b>Jacket Potato with Beans/Cheese</b>	<b>Jacket potato with Tuna/Cheese</b>	<b>Jacket Potato with Cheese/beans</b>
		Peas Carrot & Beetroot Slaw	Sweetcorn Green Beans	Carrots swede	Sweetcorn Broccoli	Baked Beans Peas
	<b>Dessert</b>	Chocolate Sponge with Chocolate Sauce	Apple Flapjack	Orange Drizzle Cake	Vanilla Shortbread	Apple, Cheese and Biscuits Fruit and Yoghurt

