

Week		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Meatballs in gravy with spaghetti	Diced pork goulash with rice	Roast chicken with Roast Potatoes and Gravy	Cottage pie (made with organic mince)	MSC Fishwich With Chips
02-Jan	Vegetarian	Cheese, Tomato and Spinach Quiche (made with wholemeal flour) with New Potatoes	Macaroni Cheese with Tomato topping	sweet & sour Quorn with noodles	Spring vegetable cottage pie	Veggie Hot Dog with Chips
23-Jan						
20-Feb	Jackets	Jacket potato with tuna or cheese	Jacket potato with cheese	Jacket potato with beans or cheese	Jacket potato with tuna or cheese	Jacket potato with beans or cheese
13-Mar		Carrots Swede	Sweet corn & Peas	Cabbage Carrots	Green beans Broccoli	beans Garden Peas
	Dessert	Apple & cinnamon Pudding with Custard	Fruit jelly	Chocolate shortbread	Wholemeal Pear and Raisin Upside down Cake with Custard	Iced Sponge
Week 2	Main	Sausages & mash Potatoes and Gravy	BBQ Chicken pizza (Free range chicken)	Roast Ham with Roast Potatoes & Gravy	Spaghetti bolognaise (made with organic mince)	MSC Battered Fish and chips
09-Jan	Vegetarian	Vegetable Sausage with Mash Potato	Cheese & tomato pizza (Made with wholemeal bread mix)	Red pepper & cheese frittata with Roast Potatoes	Vegetable pasta bolognaise	Vegetable wrap with Chips
30-Jan						
27-Feb	Jackets	Jacket potato with tuna or cheese	Jacket potato with cheese	Jacket potato with beans or cheese	Jacket potato with tuna or cheese	Jacket potato with beans or cheese
20-Mar		Garden Peas Carrots	Coleslaw Mixed Salad	Broccoli Crushed Swede	Green beans Sweet corn	Baked Beans Garden Peas
	Dessert	Fruit Crumble and Custard	Chocolate Muffin with chocolate sauce	Carrot cake	Wholemeal Banana Sponge with Custard	Toffee crispy
Week 3	Main	Beef Burger in a Bun with Baby New Potatoes	Chicken risotto	Roast turkey with Roast Potatoes and Gravy	Lasagne with Garlic Slice (made with Organic Beef)	MSC Fish Fingers with Chips
	Vegetarian	Vegetable and Bean Cobbler with New Potatoes	Lentil and sweet potato Curry with Rice	Vegetarian Wellington with Roast Potatoes	Vegetable Goulash with Rice	Cheese & pepper flan with Chips
16-Jan						
06-Feb	Jackets	Jacket potato with Tuna or cheese	Jacket potato with cheese	Jacket potato with beans or cheese	Jacket potato with tuna or cheese	Jacket potato with beans or cheese
06-Mar		Carrots Sweet Corn	Green Beans Broccoli	Shredded Cabbage Carrots	Green Beans Sweetcorn	Baked Beans Garden Peas
27-Mar						
	Dessert	Pineapple upside down Cake and Custard	Chocolate Oaty Square with Chocolate Sauce	Orange triangle cake (Contains wholemeal flour)	Chocolate & beetroot brownie	Fruit Flapjack